

MAIN STREET MEDICAL SUPPLY

NEWSLETTER



Main Street Medical Supply

Bluebonnets, Pollen, and Pop-Up Storms: Surviving April in Central Texas

Product Highlight

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Bluebonnets, Pollen, and Pop-Up Storms: Surviving April in Central Texas

In Central Texas, April is beautiful, dramatic, and just a little rude.

One minute, the bluebonnets are showing off and the sunshine is practically begging you to get outside. The next, your car is dusted in yellow pollen, your sinuses are staging a protest, and somebody on the weather forecast is saying the phrase “strong chance of hail” with far too much confidence.

It is all part of spring around here.

April is a month when many people start moving more, cleaning more, gardening more, and generally trying to win some sort of personal award for productivity. That can be great for the spirit, but it can also be a lot on the body, especially for older adults, caregivers, and anyone already managing aches, fatigue, allergies, or balance concerns.

That is why April is a good time to think less about doing everything and more about doing things well.

If allergies tend to wear you out, pace yourself on heavy outdoor days. If the weather is bouncing back and forth, keep a close eye on forecasts before heading out for appointments

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or errands. If spring cleaning is calling your name, try breaking big tasks into smaller jobs instead of attempting an all-day marathon with a broom in one hand and regret in the other.

This time of year is also a smart moment to look around the house with fresh eyes. Are walkways clear? Is the bathroom setup still working well? Are the items you use every day helping you, or making simple routines harder than they need to be? Sometimes the best kind of spring refresh is not decorative. It is practical.

That might mean adding support in the bathroom, replacing a worn cushion, finding a mobility aid that is easier to use, or simply asking questions before a small problem becomes a bigger one. Good equipment does not have to be flashy. Most of the time, it just needs to make everyday life safer, easier, and more comfortable.



Dalton K5 Ultra Light Wheelchair

- K0005 Ultra light weight wheelchair weighs less than 29lbs (without front rigging)
- Forward folding back to reduce size
- Light weight, composite foot plates with heel loops come standard
- Multi-position back adjust 15°
- Nylon upholstery is breathable, light weight and comfortable
- front casters are angle adjustable and height adjustable in three positions
- Quick-release 24" rear spoke wheel with PU tires

Only \$500

That is where Main Street Medical Supply hopes to be helpful. We want to be the place where you can stop in, explain what is going on, and get real guidance from people who understand the products and care about getting it right. No pressure, no mystery, and no need to pretend you know the difference between ten versions of the same thing. That is what we are here for.

So yes, enjoy the wildflowers. Tackle the closet if you must. Wave heroically at the pollen-coated windshield. But while you are doing all that, remember this: spring in Central Texas is a lot easier to enjoy when your home, your routine, and your body have the support they need.

