

Newsletter

The latest news, views and announcements for the staff at Main Street Medical Supply.

In This Issue

What's The Difference Between Home Health Care And Home Care?

Product Spotlight

Main Street Medical Supply

p. 254-831-3093 Belton

817-736-2373 Granbury

e. care@mainstreetmedicalsupply.com

a. 1225 N Main Street Belton TX 76513

1333 N Plaza Dr #102 Granbury TX 76048

w. mainstreetmedicalsupply.com



WHAT'S THE DIFFERENCE BETWEEN HOME HEALTH CARE AND HOME CARE?

They sound the same, but are different services. The words “home health care” and “home care” sound so similar, most people assume they’re the same thing. But there are some important differences.

Home health care is medical care. Home health care is skilled care from medical professionals and requires a written order from a doctor. This type of care helps older adults recover at home from a serious health issue. It’s usually less expensive, more convenient, and as effective as care from a hospital or skilled nursing facility (nursing home). Services typically include:

- At-home physical, occupational, or speech therapy
- Monitoring serious illness and unstable health status
- Pain management
- Injections
- Wound care for pressure sores or a surgical wound
- Intravenous (IV) or nutrition therapy

In-home care is non-medical care. In-home care services are non-medical and primarily help older adults with activities of daily living and personal care.

continued on page 2

The main goal of home care is to keep someone safe and comfortable in their own home. Services typically include:

- Help with personal grooming, like bathing or getting dressed
- Medication reminders
- Help with moving around, getting in and out of bed or the shower
- Preparing meals
- Light housekeeping like washing dishes, vacuuming, or doing laundry
- Companionship and friendship

Home health care and in-home care often work together. There are many situations in which in-home care and home health providers work together to help an older adult. Someone recovering from a major health event usually needs support with everyday life as well as specialized therapy or nursing-level services to continue their recovery. For example, here's how home health and in-home care could work together:

Helping with medication

- An in-home caregiver helps your older adult remember to take daily medications
- A home health nurse can adjust or change medications as needed

Getting physical therapy

- A physical therapist teaches your older adult do therapeutic exercises that will improve their health condition
- An in-home caregiver is there to encourage them to do their physical therapy exercises every day, help keep them safe, watch for problems, and let the physical therapist know how the exercises are going.

We hope this helps. If you are looking for products to aid in either home health care or in home care we have a wide variety to chose from. As always our staff are here to help you find everything you need to Bring Health And Wellness Home. *(Source: DailyCaring.com)*

Product Spotlight

The Stander Security Pole and Curve Grab Bar is an innovative tool designed to assist seniors with getting in and out of bed, chairs and other areas of the home safely. Featuring a height adjustable pole, a curved grab bar that rotates 360 degrees, this transfer pole is ideal for preventing falls in bedrooms, bathrooms, living rooms and other areas in the home. Supported by a sturdy 300 pound capacity the Security Pole ensures ease of movement while providing maximum safety.

The Curve Grab Bar from Stander makes it easy to stand from the toilet, shower, or bath tub. The ladder-like grab bar provides four handles at four different levels to easily climb to a standing position. The grab bar can be pivoted out of the way when not in use. The Curve Grab Bar can be attached to the wall anywhere in the bathroom and provides support to up to 300 lbs.

