

# Newsletter

The latest news, views and announcements from the staff at Main Street Medical Supply.

#### In This Issue

How Long Does The Battery On My Power Mobility Last?

Does The Water Used In Medical Devices Matter?

#### **Product Spotlight**

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### How Long Does The Battery On My Power Mobility Last?

When looking to purchase a new mobility scooter, one of the most common questions asked is how long the batteries last. The answer is not as straightforward as we may like it to be. There are a number of things that determine how long a mobility scooter battery might last. The simplest ways to ensure you get the most life from your mobility battery is:

- Charge overnight and right after use.
- Charge at least once per month when not in regular use.
- Never run the batteries flat. When batteries are fully discharged, it reduces its lifespan and performance.
- When using original and dedicated chargers to recharge your batteries, you can leave them connected without causing damage or fear of overcharging.

Come in to the store and shop our selection of power mobility and chat with us about how you can get the most out of your batteries. We are here to help.



## **Does The Water Used In Medical Devices Matter?**

Is it safe to use tap water in medical devices? No. While the US has some of the cleanest drinking water in the world, it is not sterile. Tap water has low levels of microorganisms that pose a risk to your health when used in home medical devices like humidifiers, CPAP machines, neti pots and more. These microbes are generally harmless when ingested during drinking and cooking because they are killed by stomach acid. However, when irrigating the nose or eyes, they may cause serious and even deadly infections. The CDC recommends individuals using at-home medical devices like CPAP machines, humidifiers and neti pots only use water free from microbes such as distilled or sterile water, which can be bought in stores. If you use a home medical device, it's important to follow the manufacturer's instructions or doctors orders. They detail the specific types of fluid to use so that the concentration of salt in the water is correct. It is also a good idea to make sure the devices are cleaned properly after each use and replaced when needed. Proper maintenance and the right water can help extend the life and functionality of your medical devices.

### **Product Spotlight**

Whether you're just beginning to explore mobility assistance options or simply reevaluating your current situation, it is important to consider all your options to best prevent falls. In fact, the CDC reports that more than 1 in 4 adults 65 years of age and older fall each year, and that about 20% of falls result in a serious injury. Using a walking aid, also known as a support device, may mean the difference between keeping or losing your independence.

Canes and Walkers offer different levels of support, comfort, and mobility. Canes are a perfect option for anyone looking for mild to moderate mobility assistance. They are easily portable and can be used in tight spaces like a closet or bathroom stall. Walkers offer more support and stability and allow users to rest their full weight against it. Sometimes, both a cane and a walker are needed. At Main Street Medical Supply, we have the perfect solution. We have created customizable Walker/Cane combos! Choose a walker, a stylish mobility bag, a cane holder and a beautiful cane. All for just \$114. Come in today and let us help you put together your custom Walker/Cane combo.

